

Alley's Spa Menu



FULL BODY MASSAGE

HOLISTIC MASSAGE 60' 80€

It has the effect of relaxing overused, tensed muscles while stimulates nerves and lung activity. A sense of deep, inner and physical well-being is the ultimate result.

DEEP TISSUE MASSAGE 50' 95€

Deep tissue massage is a technique that focuses on the layer of muscular tissue. The aim is to release the chronic patterns of tension in the body by opening the muscular spasms through slow and deep finger pressures and frictions of the contracted areas, either following or going across the fibers of the muscles, tendon and fascia.

FEET REFLEXOLOGY 30' 60€

Enjoy a rejuvenating treatment which stimulates the blood circulation in your feet and releases pressure to aid in the recovery from fatigue.

AROMATHERAPY MASSAGE 60' 110€

This issue of pure essentials oils is very important in this full body massage in order to enhance the maximum balance for the body and mind. Essentials are being absorbed through the skin and pass into the circulation, affecting efficiently the inner condition of our system. Aromatherapy provides the general health, increase vitality and visibly improves the texture and color of the skin.

HOT STONE MASSAGE WITH STONE OF THE VOLCANO 60' 120€

Hot stone massage is a speciality massage where the therapist used smooth, heated stones, either as an extension of their own hands, or placing them on the body. The heated can be both deeply relaxing and help warm up tight muscles so the therapist can work more deeply.

INDIAN HEAD MASSAGE 20' 60€

This quick relief neck, back and shoulder massage is ideal for decongestion tension and stress of everyday life, also for those who carry stress in their shoulder or spent a great of time working at a computer.

DE- STRESS MASSAGE WITH COCONUT OIL 40' 80€

Feeling the tension of daily life, this massage will help you regain the balance in your life, includes tensioned massage with coconut oil.

CANDLE MASSAGE 60' 130 €

Candle massages are extremely relaxing and will awaken your senses. Relax and calm your mind in a warm and intimate room, softly lit by the flame of the candle. The soothing aroma of the candle will take you on a journey of senses

PACKAGE FOR 1 PERSON

MEDITERRANEAN MEMORIES 80' 130€

Begin the treatment by cleaning and purifying the skin using a body scrub. The scrub removes the dead cells, impurities and prepare the skin to receive the active ingredients of the products. Then enjoy a full body massage with olive oil. Protect from free radicals and tone the skin, leave the skin soft and smooth, revitalize body and soul, offering a unique sensation of wellness.

BODY TREATMENTS

VOLCANIC MUD 30' & MASSAGE 30' 70€

The volcanic mud wrap relaxes the body, combining a treatment of hydration and relaxation. Its composition is based on magma of natural mud and a unique mix of essential oils. The result is that the body is more elastic and blood circulation is stimulated.

AFTER SUN TREATMENT WITH ALOE VERA 50' 70€

A marvelous body wrap with the properties of aloe vera and the aroma of mint. Ideal for sun burn and tanned skin.

BODY PEELING 30' 40€

The body scrub from olive oil and salt, is our favorite treatment. It's also known as the "king of exfoliations". Dead cells and impurities are removed leaving soft velvety skin.

FACIAL TREATMENTS

FACIAL HYDRATION 40' 55€

This treatment give a skin a quick, nourishing drink with cleansing and facial massage.

AFTER SUN THERAPY 30' 40€

Rehabilitation treatment food for immediate revitalizing, relief and rebuild skin from sun light of summer.